



Making sense of abstinence : lessons for comprehensive sex education /

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Contents:

Making sense of abstinence -- So what's an "abstinence" anyway? -- The abstinence lineup: much more than "just say no" -- What's your take? Examining opinions about abstinence -- Hey, Mom? Hey Dad? (Hey...Gram?): can we talk about abstinence? -- Just say know: navigating mixed messages about "sex" -- Everyone deserves respect: looking at abstinence and stereotypes -- Masturbation: a touchy subject -- Figuring out outercourse -- Oral sex and abstinence: examining the role of intimacy in sexual decisions -- Handling horny: savvy about sexual response -- Is the slope that slippery? -- Ready or not? Deciding about sexual behaviors -- Saying yes, saying no -- ABC...easy as 123? -- Some day: making the transition from sexual abstinence.

Summary:

An easy-to-use manual providing factual information and lessons for sexuality educators, clergy and youth workers to help teens think about abstinence in a way that values the teen's ability to make positive decisions in our complex society.

Subjects: Sexual abstinence -- United States.

Sex instruction for teenagers -- United States.

Teenagers -- United States.

Additional Author: Montfort, Sue.

Collection: Wolfgram Memorial Library Collection